

Assorted Sandwiches

Served on White or Soft Granary Bread
Ciabatta or Focaccia

All are served with a Mixed Dressed Salad
& Root Vegetable Crisps



Smoked Salmon & Salad

£6.35



Bacon & Brie

Drizzled with Honey

£5.45



Farmhouse Mature Cheddar

With a Red Pepper & Tomato Chutney

£4.15



Roast Rib of Cornish Beef

With your choice of Horseradish or Mustard

£5.45



West Country Honey Glazed Ham

With Course Grain Mustard

£5.45



Hot Chicken & Bacon

With Salad & Caesar Dressing

£5.80



Prawn

With Spicy Marie Rose Brandy Sauce

£6.35



Cream Cheese & Smoked Salmon

Served on a grilled Focaccia

£7.15



Homemade Soup of the Day

£4.95

Room service charged at £4.00 per room

Afternoon Teas

Cornish Cream Tea

£4.95 per person

Pot of Tea of your choice

Fruit or Plain Scones served with

Cornish Clotted Cream,

Strawberry or Raspberry Jam



Atlantic Hotel Afternoon

Tea for Two

£14.25 for two

Pot of Tea of your choice with

a Selection of Finger Sandwiches

to Include

Smoked Salmon & Dill,

Cheese and Red Onion,

Home Cooked Ham Sandwiches &

Scones with Preserves & Clotted Cream



Toasted Tea Cake

£3.10



Hot Drinks

Pot of Tea

£2.00

Speciality Teas £2.20

Lemon and Ginger, Camomile,

Peppermint or Earl Grey

Cup of Filter Coffee or Decaffeinated

Large £2.80 Small £2.00

Café Latte £2.80

Mocha £2.80

Hot Chocolate £2.80

Espresso £2.20

Double Espresso £2.80

Cappuccino

Large £2.80 Small £2.00

Café Americano

Large £2.80 Small £2.00

Welcome to Silks Bistro

&

Champagne Bar

Our menu has been compiled
with both healthy eating
& quality in mind.

We offer Daily Specials
to include a variety of
Fresh Local Fish
& Local Seasonal Produce

Silks Bistro &
Champagne Bar is open
seven days a week for
lunches, afternoon teas and
evening meals.

Also open for our famous
carved silver trolley
Sunday lunches.

Do not be disappointed
make sure you
book your table.



Silks Bistro
& Champagne Bar

at Atlantic Hotel
Newquay, Cornwall TR7 1EN
www.atlantichotelnewquay.co.uk
info@atlantichotelnewquay.co.uk

Tel: 01637 839048
for Reservations



Tapas Menu

Homemade Humous
With Grissini Sticks



Mixed Olives



Hot Chorizo Sausage Stew



Tempura of Seafood with a Sweet Chilli
with Ginger Dressing



All Tapas individually
priced at £3.50



served together as a tapas plate
at £10 per plate

(Minimum order of 2 Tapas per person if chosen as a starter)

Available from our Fish Display

Falmouth Bay Oysters
Three £6.60

Six with a Glass of Champagne £15.35
Served with a Red Wine & Spring Onion Vinegar



Silks Seafood Platter

King Prawns, Smoked Salmon & Cornish Crab
£12.65



Fruits de Mer

Crab, Lobster, Prawns & a mixture of
Shellfish to include Oysters & Mussels
Served on Crushed Ice
Minimum of 2 persons.
P.O.A. (at least 24hrs notice required)

Starters

Homemade Soup of the Day
with Crusty Bread
£4.95



Duck Liver Parfait

With Toasted Brioche & Red Onion Marmalade
£6.95



Newlyn Brown Crab Fish Cakes

With Homemade Tartar Sauce & Endive Salad
£6.50



Deep Fried Goats Cheese
& Beetroot Salad

With Mixed Leaves & Walnut Oil
£6.00

Moules Mariniere

Classic Pan Steamed Mussels with Wine,
Lemon, Garlic & Cream
Small £7.00 Large £10.00



Pan Fried Wild Mushrooms

In a Garlic Herb Butter Served
on Chargrilled Tiger Bread
£6.50



Chargrilled Chicken Caesar Salad

With Gem Lettuce, Parmesan & Ciabatta Croutons
Small £7.00 Large £10.00

Fish

Silks Cataplana

£26.95 Per Person (minimum of 2 persons)
Mussels, Oysters, Scallops, Salmon,
Prawns & Cod, served with a Rich Saffron
Seafood Sauce in a Traditional Portuguese Cataplana
with a Tomato & Saffron Risotto



Whole Plaice

Simply grilled with Cornish Seasalt,
Caramelised Lemon and New Potatoes
£12.50



Cajun Blackened Salmon

With a Tomato Salsa & Fresh Basil Pesto
£10.00



Pan Fried Cod

Accompanied with a Fricasse of Crustaceans
(Clams, Scallops, King Prawns & Mussels)
£15.35

Meat

8oz Rib-eye of West Country Beef
With a Sun Blushed Tomato, Rocket Salad
& Skinny Fries
£15.00



8oz Sirloin of West Country Beef

With a Sun Blushed Tomato,
Rocket Salad & Skinny Fries
£17.00



8oz Fillet of West Country Beef

With a Sun Blushed Tomato,
Rocket Salad & Skinny Fries
£26.00



Pepper Sauce, Diane Sauce or Bearnaise Sauce
£1.50 Each



Cullompton Cornfed Roasted French Trimmed

Breast of Peppered Chicken
With Pureed Potatoes, Sautéed Leeks,
Bacon & Cream
£10.00

Roast Grisken of Pork

Buttered Savoy Cabbage & Sage Gravy
£12.00



Botathian Rack of Lamb

With Sautéed Lyonnaise Potatoes,
and Pear & Mint Sauce
£17.00



Stuffed Aubergine

With Mediterranean Vegetables,
Cous Cous & Tomato Sauce (v)
£10.00



Mixed Vegetable Gratin

With a Side Order of New Potatoes (v)
£10.00

Side Orders

Dauphinoise Potatoes - £2.75

Mash Potato - £2.50

New Potatoes - £2.50

Panache of Vegetables - £2.50

Steak Garnish - £2.75

(A Roasted Tomato, 3 Onion Rings
& 2 Pan Fried Field Mushrooms)

Homemade Chunky Chips - £2.75

Skinny Fries - £2.50

Rocket & Parmesan Salad - £2.75

Chargrilled Garlic Tiger Bread - £2.50

Mixed Leaf Salad - £2.00

Oysters - £2.20 Each

Desserts

Chocolate Fondant

Chocolate Art & Pencils with Clotted Cream
£5.50

Perfect with a Glass of Orange Muscat & Hora
£6.00 per glass



Classic Crème Brulee

With Homemade Biscotti
£5.50



Croissant & Brioche Bread
& Butter Pudding

With Fresh Raspberries & Double Cream
£5.50



Selection of Sorbets & Ice Cream
£3.85



Selection of Westcountry Cheeses
With Red Onion Chutney & Biscuits
£6.95

Taylor's Vintage Port £5.50 per glass